KEEPING EMORY STUDENTS HAPPY AND HEALTHY

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WISHING YOU AND YOUR FAMILY WELL!
GOALS TODAY

- SUPPORT YOU ON CAMPUS AND OFF CAMPUS
- HOW TO ACCESS HEALTHCARE
  - STUDENT HEALTH
  - STUDENT INTERVENTION SERVICES [http://success.emory.edu/SIS/index.html](http://success.emory.edu/SIS/index.html)
- IMMUNIZATION REQUIREMENTS
- INSURANCE OPTIONS AND COVERAGE
- COVID CARE INFORMATION
Return to clinicals check list

- **OPUS**
  - Update contact information
  - Upload your close contact information

- **URL link**
  - Health Screening
  - Temp Screening
  - ELMS- and this presentation
  - Campus Compact

- **Immunization Compliance**
  - Come to campus with the paperwork you have and get as many vaccines as you are able

- **COVID testing**

**Campus Compact**
OUR WEBSITE

- WWW.STUDENTHEALTH.EMORY.EDU
- ACCESS
- IMMUNIZATIONS
- INSURANCE
- COVID
- AND MORE
Location, Location, Location

- EUSHS: 1525 Clifton Road
  - Second floor (66 steps)
  - Across from Rollins
- Psychiatry is on the first floor
- CAPS (Counseling)
  - 1462 Clifton Road
  - Second floor
Hours, Saturdays and After Hours

- EUSHS open Monday – Friday
  - 8:30 am – 5 pm
- CAPS is open Monday-Friday 8:30am-5:00 pm
- Saturday Urgent Care Clinic
  - 10 am to 1 pm Fall and Spring only
- EUSHS has on call coverage 24-7-365 available to give telephone advice to students.
Important:

**ALL** student visits to the Student Health Services (EUSHS) and Counseling and Psychological Services (CAPS) are covered by your tuition i.e. 

**NO CHARGE FOR THE VISIT.**

(Whether you are on the Emory University Student Insurance Plan or not)
Making an Appointment

- Student Health Clinic operates on an appointment system including same-day appointments.
- Go to Your Patient Portal at www.studenthealth.emory.edu or by calling 404.727.7551.
- Student Health Services is not an emergency facility.
- CAPS appointments can be made by calling 404.727.7450.
What to do: if you feel sick

FOR COVID-19 RELATED QUESTIONS
OR if you ARE EXPERIENCING SYMPTOMS

1. START WITH A VIRTUAL ASSESSMENT:
2. Log on to your Student Health portal
3. Go to Messages: SEND MESSAGE TO “COVID ASSESSMENT PROVIDER”
4. FILL OUT THE FORM
5. Also fill out form if tested positive outside EHC

A PROVIDER REVIEWS THESE FORMS FROM 9am - 4pm, M-F, AND WILL CALL YOU TO ADDRESS YOUR CONCERNS AND PROVIDE INDIVIDUALIZED GUIDANCE. After hours, please call the medical call center at 404-727-7551 and press “0”.

HTTP://STUDENTHEALTH.EMORY.EDU/ 404-727-7551
REMEMBER: isolation is for people who have symptoms, and quarantine, is for people with NO symptoms, but have had an exposure.

For both, you would need to stay at home and away from people, though how you feel, and for how long you have to do this, may differ.

If you live on campus, you will be provided on campus isolation/quarantine
Services offered at EUSHS

- Primary Care (acute and chronic care)
- Women’s Health, colposcopy and IUD insertions
- Immunizations
- International travel clinic
- Allergy injections
- Confidential HIV testing
- A transgender clinic
- PrEP

- COVID RELATED
  - TESTING
  - RESPIRATORY CLINIC
  - FOLLOW UP
EUSHS services (continued)

- Psychiatry
- Laboratory testing
- Nutrition counseling and education
- Physical examinations
- Referrals to specialists
- Sports Medicine
- A word on excuses
IMMUNIZATION REQUIREMENTS

- Students are required BY THE UNIVERSITY to be in compliance with the Emory University Immunization Requirements

- http://studenthealth.emory.edu/hs/

- FAILURE TO MEET THESE REQUIREMENTS WILL RESULT IN THE INABILITY TO REGISTER FOR YOUR SPRING CLASSES (A FULL REGISTRATION HOLD)
THE IMMUNIZATION COMPLIANCE PROCESS

- Go to your patient portal for access and directions as to how to meet these requirements (A FOUR STEP PROCESS-REMEMBER TO ENTER/SUBMIT THE VACCINATION DATES AND UPLOAD THE DOCUMENT)
  - Download form and get it signed
  - Enter the dates into the immunization form
  - Upload the signed immunization document (to take of the “to do” off)
  - Fill out the Tuberculosis Questionnaire
- ALLOW 5+ BUSINESS DAYS FOR VERIFICATION BEFORE THE HOLD IS TAKEN OFF
- For questions email: immunizations-shs@emory.edu or contact “immunization compliance on the patient portal.”
If you are studying 100% online for the Fall 2020 semester, do the following:

1. Contact the Insurance Office at mandatoryinsurance@listserv.cc.emory.edu

2. Confirm your enrollment status for studying abroad for fall 2020 (include your Emory student ID number).

3. A waiver will be generated on your behalf. No further action is needed.

4. To enroll in the Emory student health insurance plan upon your return to campus, contact the Insurance Office to help facilitate your enrollment.
Medical Insurance: Every student, every year

- All Emory students must have health insurance that is valid in Atlanta.
- Mandatory insurance waiver process on-line via OPUS each year while enrolled at Emory. BY SEPTEMBER 15TH.
- An OPT-OUT process.
- Must meet Waiver Criteria.
- Waiver Verification process.
- EUSHS Insurance Office: 404-727-7560 or email us at mandatoryinsurance@listserv.cc.emory.edu.
EUSHIP Waiver Criteria

- The individual plan deductible is no more than $2,500 per insured per year or $500 per illness. If my plan exceeds the $2,500 deductible maximum, I can provide proof of a Health Savings Account (HSA) if required, that will allow me to seek needed medical and mental health care when recommended by a healthcare provider and will cover all deductible expenses over $2,500. The plan provides unlimited annual and lifetime benefits (i.e., no policy maximum).

- The plan provides prescription drug coverage.

- Cannot exclude or limit coverage for pre-existing conditions.

- The plan must have 100% coverage for preventive care, including vaccinations, in Atlanta, GA and surrounding areas.
My plan provides coverage for both emergency and non-emergency inpatient and outpatient medical (laboratory, diagnostic services, primary and specialty care, and physical therapy included) and mental health care in Atlanta, GA or the surrounding areas.

The insurance plan must cover at least 75% of usual and customary charges in Atlanta, GA and surrounding areas. The plan may not contain specific limitations for the treatment of medical conditions relative to standard hospital or outpatient care. For example, an insurance plan that has limited coverage of hospital room and board to $500 or limited coverage of ambulance costs to $350 would not be acceptable.

The insurance coverage is not through a medical cost sharing or co-op type program.
EUSHIP Waiver Criteria, Continued

- The plan has a U.S. based claim administrator, a U.S. telephone number and address for submission of claims, and the policy is issued in the U.S.
- Oral contraceptives must be covered at 100% of usual and customary charges in the Atlanta, GA. area.
- The insurance plan must cover both inpatient and outpatient mental health treatment and must cover treatment for substance abuse (both alcohol and drug abuse).
- The plan is currently active, and you agree to maintain health insurance throughout the policy year, i.e. through the end of this year’s enrollment term at Emory. If you lose coverage, you must notify Emory immediately.
EUSHIP is a self-funded insurance plan
Administered by Aetna
Brochures are available for the 2020-21 plan online.
Information about the plan can be obtained by calling the EUSHS Insurance Office at 404-727-7560 or by going to www.emory.edu/uhs or www.aetnastudenthealth.com (DOWNLOAD ID)
Student Health Insurance Plan Office
1525 Clifton Road Atlanta, GA 30322
404-727-7560 or 404-778-6692
mandatoryinsurance@listserv.cc.emory.edu
Insurance terms

- **Deductible**: It is the amount you have to pay first on healthcare charges before the insurance company starts to pay on claims.

- **Co-pay**: This is a fixed payment due at the time of services which is set by the insurance plan.

- **Co-insurance**: The amount you pay after you pay the deductible to cover healthcare charges.

- **EOB**: Explanation of benefits
EUSHIP specifics

- EUSHIP has **no** pre-existing illness restrictions
- Visits at EUSHS are 100% coverage with no deductible
- Emory Healthcare Core Providers
  - $150 annual deductible
  - 90% coverage with 10% co-insurance
  - Specialist co-pays $25-35
  - In network and out of network benefits higher deductibles and co-insurance
- Covers immunizations, travel clinic and mental health, no lifetime and pharmacy caps outside + at EUSHS
- **Specialist Referral Requirement** – IMPORTANT (WAIVED DURING COVID-19)
EUSHIP’s COVERAGE For COVID-19

- **EUSHIP Benefits (Due to the COVID-19)**
- EUSHIP will waive all out of pocket expenses, including co-pays, deductibles and co-insurance, for medical visits and/or testing related to COVID-19.
- Referral requirements are waived for primary care and specialists visits outside of Student Health.
- Students have access to an emergency 14-day maintenance medication refill or be allowed to obtain early refills as they transition their care and/or location. CVS will also offer a free home delivery option.
- Clinical prior authorizations will be waived for specialty medications.
- Waiving the cost share (copays, deductible and co-insurance) for behavioral and mental health telemedicine visits
Staying Well

SELF-CARE IS:
• TAKING THE TIME TO NOTICE WHAT YOU NEED AND TAKING ACTIVE STEPS TO MEET THOSE NEEDS.
• PRIORITIZING YOURSELF AS MUCH AS YOU PRIORITIZE OTHERS.
• CARING YOURSELF LIKE YOU WOULD CARE FOR OTHERS.

COPING SKILLS ARE:
• ACTIONS, THOUGHTS, AND EMOTIONS WE USE TO ADJUST TO CHANGE.

WHY SHOULD WE ENGAGE IN SELF CARE?:
• SELF-CARE HELPS US KEEP OUR STRESS IN A MANAGEABLE RANGE
• SELF-CARE ALLOWS US TO AVOID FEELING BURNT OUT.

WILL DEVELOPING COPING SKILLS GET RID OF STRESS?
• NO, COPING SKILLS DON'T GET RID OF STRESS. HOWEVER, THEY SHOULD DECREASE YOUR STRESS JUST ENOUGH FOR YOU TO TAKE ACTIONS AND MAKE DECISIONS THAT IMPROVE THE QUALITY OF YOUR LIFE.
HELP AND GUIDANCE ARE AVAILABLE

Emory Student Health
404-727-7551

http://studenthealth.emory.edu/
CONGRATULATIONS AND GOOD LUCK!!

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